



Leasowe Medical Practice

NEWSLETTER

Flu and COVID-19 Vaccinations 2026/27

September 2026

Who is eligible for a free NHS flu vaccine?

You may be eligible for a free NHS flu vaccination if you:

- Are aged 65 or over
- Are pregnant
- Are aged 18 to under 65 and have certain long-term health conditions, such as diabetes, heart disease, respiratory, kidney, liver or neurological conditions, or a weakened immune system
- Live in a long-stay residential care home
- Are a carer or the main carer for an elderly or disabled person
- Are a close contact of someone who is immunocompromised
- Are an eligible frontline social care worker.

Who is eligible for a COVID-19 vaccination?

You may be eligible for a COVID-19 vaccination if you:

- Are aged 75 or over
- Live in a care home for older adults
- Are aged 6 months or over and immunosuppressed.



If you are eligible for a free NHS flu vaccine or COVID-19 vaccination, we encourage you to book your appointment and get protected this winter.

Our GP Patient Survey results are in!

We're pleased to share some fantastic results from the 2026 GP Patient Survey.

Our practice satisfaction score has increased from **74% in 2025** to **86% in 2026** an improvement of 12 percentage points.

We're also pleased to be performing 10 percentage points above the national average of 76%.

Thank you to all our patients who shared their feedback with us. We really appreciate your time and support.



One Wirral CIC

Help us reduce medicines waste – only order what you need

Did you know that a large amount of medicines are wasted each year in Cheshire and Merseyside?

We need your help to tackle this. By only ordering what you need, you can help yourself, your community, and the environment.

1. **Stay Well & Safe:** Ordering only what you need helps prevent stockpiling. Unused medicines can expire and may not work as intended, and keeping a stockpile at home increases risks for you, your children, and pets. Remember, medicines are prescribed for you and should never be shared.
2. **Stay Green:** Medicines account for around 25% of the NHS carbon footprint in England. Once a medicine leaves the pharmacy, it cannot be used by anyone else. By reducing waste, you are helping to prevent pollution in our rivers, seas, and soil.
3. **Stay Organised:** Before ordering your repeat prescription, please check what you already have at home. Only request the items you need this time. If you are going into hospital, take your current medicines with you to help staff provide seamless care and avoid unnecessary duplicate prescriptions.

What you can do:

1. **Check before you order:** Review your current medicines at home before requesting your repeat prescription.
2. **Check your bag:** Before leaving the pharmacy, make sure you have only what you need.
3. **Dispose of medicines safely:** Return any unused or out-of-date medicines and used inhalers to your pharmacy for safe disposal.
4. **Attend your medication reviews.**

Thank you for helping your community reduce medicine waste.

For more information, please visit: [Reducing medicines waste - only order what you need - NHS Cheshire and Merseyside](#)



Don't put unused medicines in household waste

Take them to your pharmacy



Did you miss our Digital Support Drop-in Session? Don't worry!

A member of our team can still help you sign up for the NHS App and PATCHS when you visit the practice. Alternatively, you can follow our easy-read step-by-step instructions, which are available on our website.

Our next Digital Support Drop-in Session is on **Tuesday 1st September 2026.**

patches



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