



Leasowe Medical Practice

NEWSLETTER

What's new this month?

August 2026

Meet Our New GP!

We're pleased to welcome Dr Anna Griffin to the practice. Here's a little introduction from them in their own words.

"My name is Dr Anna Griffin and I'm thrilled to be joining the team at Leasowe Medical Practice this August. I have been based in Liverpool for the last 12 years and recently completed my GP training.

Since qualifying as a doctor in 2020, I have always worked on the Wirral and subsequently fallen in love with it here. I'm looking forward to working with the team at Leasowe and helping towards making meaningful improvements to the services we offer."



Thinking about the contraceptive implant?

We're pleased to be offering fitting, removal and replacement of the Nexplanon contraceptive implant here at Leasowe Medical Practice, carried out by our trained practice nurse. The **Nexplanon contraceptive implant** is a small, flexible rod, about the size of a hair grip, that is inserted just under the skin of your upper arm and provides highly effective contraception for up to 5 years.

The procedure takes around 15 minutes and is carried out under local anaesthetic, so most people experience only minimal discomfort and can return to their normal activities straight afterwards, although some temporary bruising or soreness is common.

As with any contraceptive, there may be side effects, and your nurse will discuss these with you before fitting the implant. If you'd like to find out whether the implant is right for you, please contact the practice to book an appointment and discuss your contraceptive options.

You Asked, We Listened

Following patient feedback, we're running free drop-in sessions at Leasowe Medical Practice to help you get the most from our online services.

 **17** Wednesday 26th August, 10:00am to 2:00pm
 **17** Tuesday 1st September, 10:00am to 2:00pm

Learn how to use the **NHS App** to order prescriptions, view test results and medical records, and manage appointments.



We'll also show you how to use **PATCHS** to contact the practice online, request medical advice, sick notes, and prescription help - any time, day or night.

Using the NHS App and PATCHS makes it quicker and easier to access our services and helps direct your request to the right member of our team.

Leasowe Maternity Support Worker Drop-in



Are you pregnant or recently had a baby?

The Community Maternity Support Worker (MSW) Team runs a friendly drop-in clinic every Thursday at Leasowe Medical Practice from 10:00am to 12:00pm. No appointment is needed – just drop in!



- Baby weighing from 5-28 days
- Feeding support
- Chance to meet other families
- Emotional support
- Newborn care advice



Thank you to everyone who shared feedback with us. In August, 73% of patients say our service was **"very good"** or **"good"**.

Your feedback helps us improve our service and support our patients better. Please help us by sharing your feedback on <https://leasowemedicalpractice.co.uk/>